

*10 reasons
to apply for Erasmus+*



1 You will travel, live abroad and discover new places.

- You should take advantage of the opportunity given to you through the Erasmus+ Program **NOW** to travel and gain international experience as soon as possible! The spontaneous trips you will take during your year or semester abroad will be unforgettable!
- The advice is to travel as much as you can!



- Now you are probably single and don't have many obligations, but in a few years there will be some restrictions and it will be more difficult and complicated to be away from work or family for a period of time.



The most popular countries
according to the Erasmus Student Network
and the European Commission

- Spain, Portugal, Italy, Netherlands, Belgium, France, Germany, Croatia, Czech Republic, Poland, Austria, Greece



2 You will make many friends

- Programs like Erasmus+ are made for students who, like you, join the program with the same dreams and goals.
- They hope to have the best time of their lives by participating
- In Erasmus+ everyone is open to new experiences and challenges and approaches the other people with positive thinking.

Erasmus+ is full of success stories of students who studied abroad and achieved an excellent subsequent career and/or academic career. Your Erasmus+ family is waiting for you!



3 Education

- The more courses you can find abroad that match your university curriculum in your home country, the better.
- The courses you take abroad will be fully recognized in your home University and you will not be delayed at all regarding your standard student obligations.



4 You will enrich your cultural background

Cultural enrichment is another reason to study abroad.

You will broaden your horizons and being part of another culture will make you much more tolerant. Every culture has something new to teach you.

Be sure to take some time to explore the cultural landmarks in your new city.



Informal education, however, is what makes you richer while studying abroad. You will learn so much about the culture of your host country, but also about culture throughout Europe directly from your fellow students.

5 Independence

- Once you live abroad all by yourself, you can do everything. Moving to a new country for a few months, alone, doing all the paperwork, getting to know the city and new people is a big challenge.
- For many young people, studying abroad means leaving the family nest for the first time.





- One thing you will be responsible for abroad will be your expenses.
- Most Erasmus+ students receive a scholarship before they start the program. You need to use this money wisely and spend it carefully, which means you should always have enough money for an emergency that may arise.
- You will learn how to keep a budget and set priorities to make the most of your financial resources.



- All Erasmus+ students receive a mobility grant. The amount depends mainly on the host country and is based on measurements regarding the average cost of living in that country.
- Also, from the academic year 2025-26, they will receive additional funding to cover travel expenses, which is calculated based on mileage and will constitute significant assistance for the period of study abroad.



Mobility for Studies Monthly grant amount (€/month)

- **Group 1 - 520€**/ Countries with high cost of living: Austria, Belgium, France, Germany, Denmark, Ireland, Iceland, Italy, Netherlands, Liechtenstein, Luxembourg, Norway, Sweden, Finland
Third Countries not associated with the programme from Regions 13 (Andorra, Monaco, San Marino, Vatican) & 14 (Faroe Islands, Switzerland, United Kingdom)
- **Group 2 - €470**/ Countries with medium cost of living: Estonia, Spain, Cyprus, Latvia, Malta, Portugal, Slovakia, Slovenia, Czech Republic
- **Group 3 - €420**/ Countries with low cost of living: North Macedonia, Bulgaria, Croatia, Lithuania, Hungary, Poland, Romania, Serbia, Turkey

Beneficiaries of Groups with Fewer Opportunities

- Students from groups with fewer opportunities are entitled to an additional €250 per month on top of the monthly grant received by students who move for studies and meet specific socio-economic criteria.
- <https://www.aueb.gr/el/erasmus/mobility/content/plirofories-gia-foititestries>



6 "Discover" yourself



- As you study abroad, you will become part of a new society through which you will discover new habits, learn new things, and "re-educate" yourself.
- Through this process, you will become more open to the "new", more tolerant and generally appreciate life as a whole. And all this because Erasmus+ is much more than just studying abroad and meeting other people - through the program you will discover a better version of yourself!



Erasmus+ will be the perfect test for you to see if long-term travel or moving to a new country for work is right for you. For most people, this will be their first independent trip and the perfect test for the future.



7 You will learn or improve/perfect a foreign language

- Studying abroad is the perfect time to learn a new language. Surrounded by people from all over Europe, you can learn any language you want. There could be no better place for anyone to learn a language than in their country of origin.
- You will have the opportunity to practice your new skills every day. The best way to learn is to commit to using the language in your everyday life.

- Many Institutions offer language courses to foreign students and most of the time for free.
- Additionally, you can enter the process of learning a language simply through your daily communication with locals or even by asking your fellow students to give you lessons in their native language.
- In return, you can introduce them to your own language if there is such an interest.



8 Strengthen your CV

- Studying abroad won't be the only thing you'll be able to add to your CV note.
- A new language or at least a new level of English is always a great thing to boost your resume!
- With Erasmus+ you will stand out and have a great Advantage!



9 Employment opportunities after Erasmus+

- From an academic point of view, the Erasmus+ Program offers you an international educational and cultural experience that you could not get in any other way. It enriches your CV and many employers choose graduates who have some sort of previous international academic experience.
- If you participate in the Erasmus+ Program for studies, then after your graduation you will definitely have greater chances of direct integration into the labor market and with better prospects.

- If you are looking for a job in a large company, the cultural experience you will gain through Erasmus+ will be a great advantage.
- Many companies want to know that you are “**a team player**”.
- Meeting new people from different cultures and languages is a great way to see how much of a *team player* you can be and how adaptable you are.
- **Did you know that around 64% of employers consider an international experience important when hiring?**



10 Meet with ESN

- Maybe it's the number 1 thing that someone should know before going on Erasmus. Many students don't know what ESN (Erasmus Student Network) is and that is why they may be afraid of the unknown or of living in a foreign country. It is a university student organization that aims to support Erasmus+ students.
- This organization is volunteered by students from the city, who are willing to answer any questions you may have, guide you and help you through with your adaptation to the city, the everyday life and also with all the practical issues regarding the campus, the University, etc.



- You will never be alone, as ESN is constantly organizing events for students to get to know each other. Trips, parties, volunteer programs are not missing from the list!
- In fact, in many countries you can apply to have your own Erasmus buddy, a person who will personally help you. So if you have any doubts about how to cope, ESN will be there for you!

Thank you for your time!

Don't forget to apply on time for the Erasmus+ Study Mobility Program!